

Quick Reference Card

Use Split Sleeper Berth Exception Rule (US): BigRoad Mobile App

OVERVIEW

The Sleeper Berth Exception Rule allows an US Driver to meet the **10-hour minimum off-duty requirement** by spending at least 7 hours instead of 8 hours of that period in the berth and a minimum off-duty period of at least 2 hours spent inside or outside of the berth, provided the two periods total at least 10 hours. Neither of these two qualifying periods will count against the **14-hour** driving window.

The following conditions qualify for a Split Sleeper Berth Exception Rule in the US:

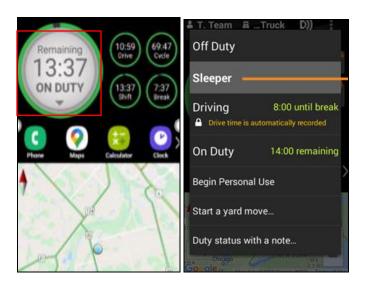
- Drivers can split the required 10 consecutive hours to reset their shift into 2 qualifying segments.
- One segment must be a minimum of 7 consecutive hours in sleeper berth.
- The second segment must be a minimum of 2 consecutive hours in either off duty, sleeper or a combination of the two.
- The two segments must total to at least 10 hours.
- When used together, neither segment counts toward the 14 hours available for the shift

Note: Unless both the qualifying segments are completed, the shorter segment does not get subtracted from the 14-hour clock. If the shorter segment is taken first, it does not get subtracted from the 14-hour clock until the 2nd segment has been completed.

COMPLETE A SPLIT SLEEPER USING THE BIGROAD MOBILE APP

Let's begin with the driver in **on duty status**, just before they switch to sleeper berth status:

- 1. Pull into a Truckstop for rest
- 2. Tap the Duty Status wheel on the BigRoad Mobile App home screen and change the status from On Duty to Sleeper



3. Go into the sleeper berth for a short break. (minimum of 2 hours).

With the latest BigRoad App Version 30.5, the App displays a **Split Sleeper check box** once the Driver has completed the first of the two qualifying segments. When the Split Sleeper option is enabled, the app will adjust the HOS timers and Violation calculations to be based on the assumption that the driver will complete the second qualifying rest break.

In other words, the time taken during that first break will immediately be subtracted from the 14-hour clock.



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- 4. After 2 Hours, tap the checkbox next to **Split** sleeper on the Home Screen
- 5. Timers will now assume the driver will take the second sleeper segment and show them when to start their next break.

Note: If the driver does not take the second break, the Timers, HOS Availability and Violations will count as normal.

Note: If prior to qualifying for rest break, the Driver drove for 5 hours and were on-duty for 6 hours after the qualifying rest break, they would have 6 hours of driving and 8 hours of on-duty time available. This would be assuming they had a full 14 hours available within their cycle

The Split Sleeper checkbox will no longer display on the screen when a driver completes a full shift reset. It will display again once they complete the next qualifying sleeper period after the shift reset.